

CYBERBULLING



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DEFINITION

Cyberbullying is a form of bullying conducted through telematic tools, such as through the internet.



TYPES OF CYBERBULLYING

We can talk about:

- °Flaming: violent and vulgar online messages
- °Impersonation: when a person pretends to be another person through messages
- °Trickery: You try to gain the trust of a boy or girl and then play a joke.



°Cyberstalking: they are repeated harassment on the web and threats.

°Denigration: when someone is gossiped about.

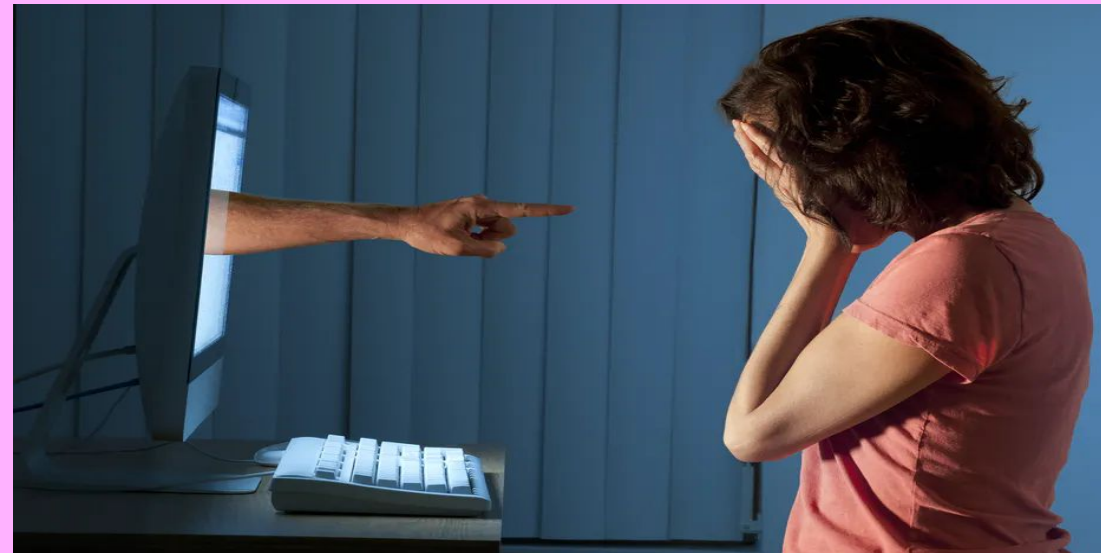
°Cyberbashing: is when a group of kids mistreat or beat a person and everything is filmed and the video will be seen by many people.



Victims and bully

°Victims are often anxious and unsure of themselves, they feel unattractive and have a very negative opinion of themselves.

°The bully, a boy or girl, exploits his feeling superior, the bully's behaviors can take different forms physical (punching, slapping) and verbal (insults, racist offenses,)



How to protect yourself from cyberbullying:

- °Use secure passwords and don't tell anyone.
- °Do not disclose sensitive data and information.
- °On social media, only accept people you really know as friends.
- °Don't post embarrassed photos or videos.
- °Don't sext.
- °Always talk about it with parents

