

CYBERBULLYING

WHAT IS IT?

- Cyberbullying is a bullying phenomenon with the use of digital technologies
- It can take place on social media or messaging platforms
- It attacks the psychologically weaker individuals
- It's more common in teenagers



WHAT IT CONSISTS OF?

- The so-called bullies make fun of the insecurities of the weakest by spreading news that sometimes are not true on Internet, in order to feel stronger and untouchable
- Sometimes bullies target those who have a different skin color than theirs, a different sexual orientation or simply the way they dress or make up



WHAT ARE THE EFFECT AND HOW TO FIGHT IT?

- When cyberbullying affects the victims they feel out of place and wrong; in the worst case this phenomenon can even result in suicide
- It is very important to talk about it immediately with an adult who can be a parent or even a teacher and in more serious cases go directly to the postal police in order to solve this terrible problem



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