

#### **SUMMAR**

- Y: WHAT IS CYBERBULLYING?
- TYPES OF BULLYING
- PINK SHIRT DAY
- TIONS: HOW TO PREVENT CYBERBULLYING
- THE END





Before talking about cyberbullying, we have to know what bullying is:



It is an agressive and repetitive attitude towards who can't defend





Now, cyberbullying is a form of bullying using electronic instruments of contact.

The most common digital devices are: mobile phones, computers and tablets.

Includes posting or sharing negative, harmful, fake or mean content on someone else.

**CYBERBULLYIN** 

Victims couldn't know who is their bully or why he behave like that.



Teens are often bullied because of stupid reasons, like physical appearence, sexual orientation or romantic relationship. It causes depression, loneliness and rejection of school.

# TYPES OF BULLYING:

NO ONE LIKES YOU



- Verbal bullying:
- Physical bullying:
- Social bullying:
- Sexual harrasment;
- Gossipping:
- Social exclusion;
- Cyberbullying.



## PINK SHIRT



DAY or UP

The anti-bullying day is a day when people wear a pink t-shirt as a <u>demonstration against</u> <u>bullying</u>. Originated in Canada and is now celebrated around the world. It was first organized by high school students in Nova Scotia.

### WHY BULLIES HAVE THIS ATTITUDE?

This attitude isn't common only in teenage boys at school, but also in teenage girls.

Cyberbullies don't immediately understand the concequences of their attitude on victims.

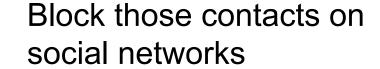
Bullies behave in this way because of self confidence problems or becuase they suffered this type of attitude at home.



So they could be angry with the world or feel vulnerable.

## HOW TO MANAGE CYBERBULLYING ACTS

Do not answer to messages



Denounce the attitude to an authority



Copy some compromisig messages to denounce the bully

