

What is cyberbullying?

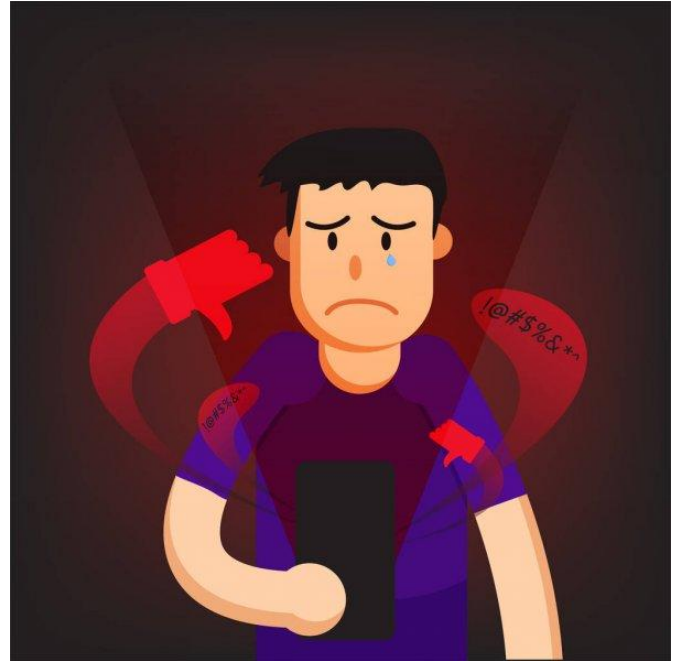
There is no single definition of bullying and cyberbullying agreed upon internationally and at European level.

What is it so important?

- $\frac{1}{3}$ children has been a victim of cyberbullying
- Nearly half of suicides among 10 to 14 year olds are due to bullying
- 1 in 7 teachers is a victim of cyberbullying

Why do children cyberbully?

- Anger
- Power hungry
- Revenge
- Frustration
- Entertainment



Forms of cyberbullying

- Exclusion
- Flaming
- Trolling
- Cyberstalking
- Masquerade



Cyberbully profile

CYBER BULLIES:

- Social competence
- High self image
- Lack of surveillance by parents



Consequences of cyberbullying

- Suicide
- Low Self Esteem
- Anger
- Shame
- Sadness
- Anxiety
- Stress Related Disorders



How to help prevent cyberbullying?

- Do not forward any messages, comments, etc. That involve cyberbullying
- Block all communication with cyberbullies
- Always report any cyber bullying taking place to an adult

